

INSTRUMENT RATING TRAINING FORM

Instructor & Student Initial Each

IFR DUAL INSTRUCTION	DATE:	INSTRUCTOR:	STUDENT:																
IFR Pre-flight, IFR Taxi checks, Radio Set-up, Instrument Set-Climb, Level, Descents & Turns at Cruise & Approach Speeds Constant Rate / Airspeed Cl & Desc. STD Rate Turns and																			
Steep turns, Steep Descents																			
Flight at Vmc, Stall S+A series Partial Panel Timed Turns, Compass Turns																			
Partial Panel Climbs, Turns & Descents																			
Unusual Attitudes FP / PP	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/
Emergency Procedures; Eng. Fail, Elect fail, Fire, Ice, CO																			
NDB Bearing Intercept & Tracking Inb & Outb FP / PP	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/
VOR Radial Interception and DME Arcs. FP / PP	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/
VOR, NDB, and Int Holds - 2&1 VOR L&R Entries, EFCs FP	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/
Procedure Turns - VOR, NDB, & LOC FP / PP	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/
ASR Approach & Missed Approach, FP & PP ('No gyro' VOR-A and Straight-in VOR Approach & miss. FP / PP	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/
NDB Approaches (Beacon On-field & Off-field) & miss. FP	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/
LOC Approach and miss FP/PP	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/
ILS Approach and miss FP/PP	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/	/
IFR Wx Interpretation, Flight Planning, Lost Comm, Filing ATC Clearances - Copying, Readback; Void Time																			
Dual Cross-Country, Position Reporting, Inflight Fuel Re-calc Dual Preparation for Check Ride																			

Grading Legends: P=Demonstrated & Practiced; S= Satisfactorily Performed.

FP / PP = Full Panel & Partial Panel (Grade for each as indicated)

PRINCIPAL INSTRUCTORS:

BASIC INSTRUMENT PROFICIENCY CHECK

DATE: _____ GRADE: _____

CFI: _____

PRE-CHECK RIDE PROFICIENCY CHECK

DATE: _____ GRADE: _____

CFI: _____

No. _____ Exp: _____

No. _____ Exp: _____

NOTES: